

75th Liddiard Trophy 2023



QUEENS PARK HARRIERS
75TH LIDDIARD TROPHY - 8000 METRES
FRYENT COUNTRY PARK - KINGSBURY - 4TH NOVEMBER, 2023

MEN:

Position	Name	Club	Time
1	Seyfu Jamaal	London Heathside	25-34
2	George Gurney	London Heathside	26-23
3	Fred Smithers	Serpentine Running Club	26-38
4	Kader Seyed	London Heathside	26-55
5	Lewis Greaves	Highgate Harriers	26-55
6	Joe Dale	Victoria Park and Tower Hamlets	27-28
7	Felix Martinez	Serpentine Running Club	28-04
8	Jack Whitebury	Harrow Athletic Club	28-06
9	Victor Lio	Serpentine Running Club	28-16
10	Jack Robinson	Serpentine Running Club	28-23
11	Gary Pelosi	Shaftesbury Barnet Harriers	28-24
12	James Laing	Hillingdon Athletic Club	28-28
13	Andrew McCarron	Queens Park Harriers	28-31
14	Jonathan Laybourne	Highgate Harriers	28-32
15	Ismail Abukar	London Heathside	28-35
16	Nicholas Besson	Serpentine Running Club	28-52
17	Tom MacIntyre	Victoria Park and Tower Hamlets	29-10
18	Jim Cooper	Harrow Athletic Club	29-12
19	Edward Spencer	Barnet and District Athletic Club	29-18
20	Edward Fraser	Barnet and District Athletic Club	29-27
21	Hugh Torry	Serpentine Running Club	29-37
22	James Porcas	Highgate Harriers	29-48
23	Peter Flewitt	Ealing, Southall and Middlesex	29-53
24	Terry Mackin	Harrow Athletic Club	30-07
25	Robert Duggleby	Queens Park Harriers	30-27
26	George Fernandez	Eton Manor Athletic Club	30-37
27	Will Sawtell	Hillingdon Athletic Club	30-40
28	Liam Fenn	Harrow Athletic Club	30-42
29	James Gillander	Serpentine Running Club	30-47
30	Sam Sutherland	Queens Park Harriers	30-57
31	Phil Warburton	Hillingdon Athletic Club	31-02
32	Akira Anzai Jackson	Ealing, Southall and Middlesex	31-03
33	Ayo Dada	Queens Park Harriers	31-09
34	Niels Wagner	Serpentine Running Club	31-24
35	Don Nichols	Shaftesbury Barnet Harriers	31-25
36	Nicholas Cassell	Highgate Harriers	31-26
37	Guy Green	Hillingdon Athletic Club	31-37
38	R Digby	Shaftesbury Barnet Harriers	31-40
39	Thomas Mann	Queens Park Harriers	31-44
40	Andrew Orr	Serpentine Running Club	31-52

41	Finn MacCarthy	Shaftesbury Barnet Harriers	31-59
42	Manual Da Silva	Thames Valley Harriers	32-13
43	Sam Williams	London Heathside	32-13
44	Mark Cottle	Shaftesbury Barnet Harriers	32-15
45	Mark Greig	Queens Park Harriers	32-15
46	Andy Davis	Mornington Chasers Athletic Club	32-17
47	Philip Whitehouse	Serpentine Running Club	32-19
48	Jonathan Thompson	Mornington Chasers Athletic Club	32-26
49	Mark Kencroft	Ealing, Southall and Middlesex	32-36
50	Alex Dandin	Highgate Harriers	32-42
51	Matt Beard	London Heathside	32-47
52	Valentine Valeanu	London Heathside	32-50
53	Ruben Carvajal	Queens Park Harriers	32-50
54	Declan Traynor	Harrow Athletic Club	32-58
55	Rob Shulman	London Heathside	33-04
56	Jose Manuel Pabon	Ealing Eagles	33-09
57	Graeme Jones	Harrow Athletic Club	33-11
58	Simon Fitzmaurice	Good Gym	33-12
59	Des Crinion	Highgate Harriers	33-12
60	Andrew Jackson	Queens Park Harriers	33-16
61	Russ Jones	Eaton Manor Athletic Club	33-23
62	Boon Wu	Barnet and District Athletic Club	33-28
63	Paul Leppard	Hillingdon Athletic Club	33-34
64	Richard Bryant	Victoria Park and Tower Hamlets	33-38
65	John Brosnan	Queens Park Harriers	33-44
66	Luke Kretschmer	Queens Park Harriers	33-53
67	Anthony Shaw	Mornington Chasers Athletic Club	33-55
68	Steve Norris	Thames Valley Harriers	33-58
69	Jimmy Perkins	Queens Park Harriers	34-01
70	Jonathan Moscrop	Serpentine Running Club	34-03
71	Alan Lennox	Highgate Harriers	34-04
72	Lee Connor	London Heathside	34-06
73	Henry Gilham	Herts Phoenix	34-51
74	Andy Holt	Herts Phoenix	35-01
75	Nick Andrews	Harrow Athletic Club	35-06
76	Robert Sommerville	Eton Manor Athletic Club	35-33
77	Alexander Horton	Barnet and District Athletic Club	35-37
78	Tim Underhill	Shaftesbury Barnet Harriers	35-45
79	George Hicks	Queens Park Harriers	35-53
80	Kevin Murray	Serpentine Running Club	35-58
81	Simon Nixon	Thames Valley Harriers	35-59
82	Nick Andrews	Shaftesbury Barnet Harriers	36-05
83	Paul MacCarthy	Shaftesbury Barnet Harriers	36-05
84	Tom Moberley	Queens Park Harriers	36-21
85	Andy Price	Ealing, Southall and Middlesex	36-23
86	Luc Dinh	Queens Park Harriers	36-25
87	Daniel Berry	Mornington Chasers Athletic Club	36-45
88	Kevin McAleer	Thames Valley Harriers	37-01
89	Rob Brown	Ealing, Southall and Middlesex	37-05

90	Maurice Quirke	Queens Park Harriers	37-08
91	Gavin O'Sullivan	Queens Park Harriers	37-12
92	Keithlea Mussington	Victoria Park and Tower Hamlets	37-22
93	Michael Martin	Barnet and District Athletic Club	37-24
94	Piers Harrison	Queens Park Harriers	37-30
95	Giles Deards	Queens Park Harriers	37-32
96	Richard Hooley	Thames Valley Harriers	37-57
97	David Sutherland	Highgate Harriers	38-04
98	Daniel Lewis	Mornington Chasers Athletic Club	38-14
99	Brian Lallaway	Barnet and District Athletic Club	38-19
100	James Baird	Queens Park Harriers	38-20
101	B Hawes	Shaftesbury Barnet Harriers	38-36
102	Grahame Davies	Barnet and District Athletic Club	38-42
103	Peter Reupke	Queens Park Harriers	38-50
104	Stephen Allison	Queens Park Harriers	39-03
105	Iain O'Donnell	Victoria Park and Tower Hamlets	39-16
106	William Bulbridge	Victoria Park and Tower Hamlets	39-38
107	Timothy Ward	Barnet and District Athletic Club	39-51
108	Peter Warburton	Hillingdon Athletic Club	39-55
109	Stevan Dokic	Hillingdon Athletic Club	39-59
110	James Rossiter	Highgate Harriers	40-07
111	Steve Pond	Queens Park Harriers	40-38
112	Nick de Sansmarez	London Heathside	40-40
113	Indy Rai	Ealing, Southall and Middlesex	40-40
114	Chris Violet	Barnet and District Athletic Club	41-03
115	Danny Digweed	Shaftesbury Barnet Harriers	41-09
116	Richard Stewart	Highgate Harriers	41-14
117	Richard Byrne	Queens Park Harriers	41-19
118	Richard Bloom	Herts Phoenix	41-46
119	Rob Baillie	Queens Park Harriers	41-58
120	Kevin Concanner	Harrow Athletic Club	42-06
121	Edward Harris	Queens Park Harriers	42-31
122	Scott Fraser	Barnet and District Athletic Club	42-54
123	Trevor Steeples	Hillingdon Athletic Club	43-40
124	David Shortridge	Victoria Park and Tower Hamlets	44-06
125	Tom Morris	Harrow Athletic Club	44-22
126	Michael Barnett	Sudbury Court Running Club	44-42
127	Tony Rhodes	Metros Running Club	45-36
128	Richard Hoskett	Herts Phoenix	45-38
129	Philip Voke	Queens Park Harriers	45-46
130	Peter Higgins	Sudbury Court Running Club	46-13
131	Martin Garrett	Sudbury Court Running Club	46-15
132	Paul Dickins	Mornington Chasers Athletic Club	46-39
133	Geoff Nicholls	Eton Manor Athletic Club	49-45
134	Guiseppe Tetro	Hillingdon Athletic Club	50-27
135	Andy Owen	London Heathside	50-33
136	Chetan Khattry	Queens Park Harriers	50-46
137	Alan Wells	Hillingdon Athletic Club	58-32
138	Doug Milson	Hillingdon Athletic Club	61-52

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WOMEN:

Position	Name	Club	Time
1	Katie Olding	Thames Valley Harriers	30-57
2	Katy Casterton	Serpentine Running Club	31-31
3	Kat Alpe	Metropolitan Police	32-45
4	Holly Woodhead	Serpentine Running Club	33-07
5	Julie Triou	Ealing, Southall and Middlesex	33-24
6	Sarah Swinhoe	London Heathside	33-25
7	Nicky Payne	Shaftesbury Barnet Harriers	33-28
8	Sabina Russell	Highgate Harriers	34-29
9	Natasha Cendrowicz	Highgate Harriers	34-29
10	Emma Dettwiller	Serpentine	34-49
11	Jennifer Armson	Queens Park Harriers	34-53
12	Louise Faherty	Highgate Harriers	35-41
13	Ellen Kerr	Highgate Harriers	36-01
14	Sophie Flanagan	Serpentine	36-05
15	Shona Cooper	Ealing, Southall and Middlesex	36-38
16	Sophie Barnard	Queens Park Harriers	36-48
17	Lee Milner	Eton Manor	36-53
18	Rhian Littlewood	Highgate Harriers	36-58
19	Joanna Mobed	Thames Valley Harriers	37-08
20	Nadia Whittaker	Thames Valley Harriers	37-56
21	Claire Fisher	Victoria Park and Tower Hamlets	38-11
22	Sarah Larkham	Ealing, Southall and Middlesex	38-19
23	Daniela Nolan	Queens Park Harriers	38-26
24	Olivia Hover Smith	Ealing, Southall and Middlesex	38-28
25	Juliette Westbrook	Mornington Chasers	38-41
26	Joanna Gardner	Highgate Harriers	38-47
27	Fran Lou	Thames Valley Harriers	39-07
28	Carys Morgan	Ealing Eagles	39-18
29	Valeriya Potapova	Victoria Park and Tower Hamlets	39-35
30	Louise Goldsmith	Queens Park Harriers	39-41
31	Joanna Braine	Queens Park Harriers	40-08
32	Anna-Sophie Harling	Serpentine	40-21
33	Lynn Wilson	Ealing, Southall and Middlesex	40-26
34	Jana Jilkova	Barnet and District	41-00
35	Breege Leone	Ealing, Southall and Middlesex	42-47
36	Davina Gutteridge	Barnet and District	43-07
37	Lisa Watson	Ealing Eagles	43-35
38	Emily Martyn	Mornington Chasers	43-48
39	Anastasia Chew	Queens Park Harriers	43-56
40	Leanna Mailer	Queens Park Harriers	44-11

41	Kathryn Ellis	Barnet and District	44-34
42	Miry Mayer	Victoria Park and Tower Hamlets	45-01
43	Anne Philips	Barnet and District	45-16
44	Kathryn Walker	Queens Park Harriers	45-29
45	Rafaele Lanour	Mornington Chasers	45-47
46	Pat Thomas	Ealing, Southall and Middlesex	45-50
47	Jess Hood	Ealing Eagles	45-56
48	Carol Marsh	Metropolitan Police	46-12
49	Lin Aryeetey	Mornington Chasers	46-23
50	Roma Denatto	Queens Park Harriers	46-25
51	Carol Jones	Ealing, Southall and Middlesex	46-29
52	Collette Farnol	Mornington Chasers	47-27
53	Lynne Jones	Metros	47-33
54	Lucy Birrell	Queens Park Harriers	47-35
55	Charlotte Gilligan	Barnet and District	47-47
56	Anna Caspi	Mornington Chasers	47-57
57	Emma Sutherland	Queens Park Harriers	48-04
58	Kirsty Johnstone	Barnet and District	48-55
59	Catherine Gunnewright	Ealing, Southall and Middlesex	49-10
60	Grainne Devery	Ealing Eagles	49-23
61	Katia Andrews	Harrow Athletic Club	49-53
62	Sarah Dent	Queens Park Harriers	49-56
63	Jennifer O'Sullivan	Metros	50-04
64	Denise English	Ealing, Southall and Middlesex	52-02
65	Mary Brown	Barnet and District	52-29
66	Rebecca Bench	Queens Park Harriers	52-34
67	Jenny Lambert	Barnet and District	54-58
68	Diane Godin	Barnet and District	57-38
69	Christine Munden	Thames Valley Harriers	60-42

TEAMS : Four to score

1	Serpentine Running Club	30	2	4	10	14
2	Highgate Harriers	42	8	9	12	13
3	Ealing, Southall and Middlesex	66	5	15	22	24
4	Thames Valley Harriers	67	1	19	20	27
5	Queens Park Harriers	80	11	16	23	30
6	Barnet and District	154	34	36	41	43
7	Mornington Chasers	157	25	38	45	49
8	Ealing Eagles	172	28	37	47	60

Victoria Park and Tower Hamlets	21	29	42	_	Shaftesbury Barnet Harriers	7	_	_	_
Metropolitan Police	3	48	_	_	Eton Manor	17	_	_	_
Metros	53	63	_	_	Harrow Athletic Club	61	_	_	_
London Heathside	6	_	_	_					